

**Penn State Pointers ► Have It Made in the Shade with Protective Headgear**

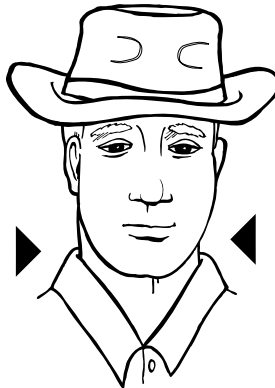
**Prolonged, unprotected exposure to the sun's rays can lead to skin cancer.**  
Wearing the correct headgear could make a difference in your long-term health.

**Baseball Style Hats**  
LITTLE PROTECTION



**Exposed...**  
Neck, ears, nose and other parts of the face.

**Wide-Brimmed Hats**  
BETTER



**Exposed...**  
Neck and lower parts of the face.

**'Foreign Legion' Hats**  
BEST



**Exposed...**  
Some parts of the face, depending on sun's angle.

**And always be sure to wear sunscreen and sunglasses.**

**Visit us at "<http://aginfo.psu.edu/psp/index.html>"**

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**For Spring/Summer/Fall Time Frame**