

Penn State Pointers ► Have It Made in the Shade with Protective Headgear

Prolonged, unprotected exposure to the sun's rays can lead to skin cancer.

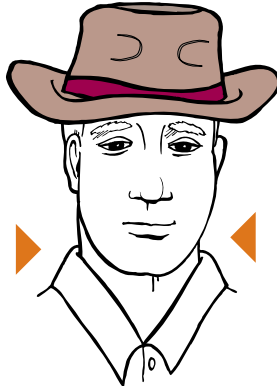
Wearing the correct headgear could make a difference in your long-term health.

Baseball Style Hats
LITTLE PROTECTION



Exposed...
Neck, ears, nose and other parts of the face.

Wide-Brimmed Hats
BETTER



Exposed...
Neck and lower parts of the face.

'Foreign Legion' Hats
BEST



Exposed...
Some parts of the face, depending on sun's angle.

And always be sure to wear sunscreen and sunglasses.

Visit us at "<http://aginfo.psu.edu/psp/index.html>"

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For Spring/Summer/Fall Time Frame